



# Your opportunity to secure future impact

Secure your team's success for the the year 2025, **today**

**Don't miss this opportunity to get ahead.**

Choose from a selection of the most sought-after curated topics for your teams to prepare for 2025

Select one or more of the curated training topics to ensure your organization stays ahead, equipped with the skills that matter most.

- Train groups up to 12 employees
- Worldclass Training Programs
- Curated from the best practices from 40 years of experience
- Starting at **€2730,-** per group


**Pick your topics from the next pages**

	Language	Duration (days)	Price
<p><b>Time Management</b></p> <p>Master techniques to boost productivity and efficiency. Assessing your current time management behavior and finding ways to improve.</p> <ul style="list-style-type: none"> <li>Identifying inefficient habits that adversely affect your time management.</li> <li>Prioritising tasks based on your own key areas of responsibility.</li> <li>Using weekly and daily planning to meet your deadlines and deliver results.</li> <li>Making strong time management choices based on what you value.</li> <li>Realistically managing other people's expectations to avoid deadline stress.</li> </ul>	English, Dutch, German	2	€4.915 <del>€6.143</del>
<p><b>Effective Feedback</b></p> <p>Feedback is essential for achieving better quality through collaboration, though challenging due to differing preferences and communication styles.</p> <ul style="list-style-type: none"> <li>Giving feedback using the "I-I-You" method</li> <li>Receiving feedback effectively</li> <li>Influencing in and on complex situations</li> <li>Daring to stand up for what you believe and expressing it</li> </ul>	English, Dutch, German	1	€2.730 <del>€3.450</del>
<p><b>Dealing with Emotions &amp; Aggression</b></p> <p>This training teaches you to better manage your own emotions and provides the skills to neutralize conflicts and de-escalate situations, helping you face and handle emotional and aggressive confrontations.</p> <ul style="list-style-type: none"> <li>The ABCD model for dealing with emotion and aggression</li> <li>Tension management</li> <li>Delivering bad news</li> <li>Digital emotion and aggression</li> <li>Support, care, and aftercare</li> </ul>	English, Dutch, German	1	€2.730 <del>€3.450</del>
<p><b>Influential Leadership: Leading Beyond Titles</b></p> <p>Develop key skills such as communication, relationship-building, and collaboration to inspire trust and drive results. Includes practical strategies to navigate organizational dynamics, harness their personal strengths, and lead with confidence in any role. The ABCD model for dealing with emotion and aggression</p> <ul style="list-style-type: none"> <li>Building trust and credibility without authority.</li> <li>Communicating clearly to inspire action.</li> <li>Navigating conflict and influencing outcomes.</li> <li>Collaborating effectively across teams and hierarchies.</li> </ul>	English, Dutch, German	2	€4.915 <del>€6.143</del>

International surcharge based on location may apply, contact your representative for more information.

Excluding travel and lodging expenses.

Discount valid if at least one training day is planned in 2024

 + 31 (0) 418 68 85 58

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<p><b>Influencing Mastery</b></p> <p>Influencing involves intentional actions to prompt desired responses, and by understanding how others perceive you, you can adapt your influencing style for optimal effectiveness while staying true to your values.</p> <ul style="list-style-type: none"> <li>• Building rapport that positions you to exert more influence.</li> <li>• Analyzing the interests, viewpoints and personalities of others.</li> <li>• Establishing trust and using your influence to achieve positive results.</li> <li>• The art of 'switching gears' and adapting your influencing style.</li> <li>• Achieving influence through effective communication and listening.</li> <li>• Making a compelling case for your goals and ambitions.</li> </ul>	English, Dutch, German	2	€4.915 <del>€6.143</del>
<p><b>Project Management</b></p> <p>Project management turns strategies into tangible results by learning its basic principles and creating engagement through collaboration and communication, with skills that can be immediately applied in practice.</p> <ul style="list-style-type: none"> <li>• Understanding and evaluating the strategic relevance of projects.</li> <li>• Mastering agile and waterfall project management techniques.</li> <li>• Defining a clear vision for your projects.</li> <li>• Assembling the right team for each project.</li> <li>• Identifying stakeholders and setting up effective communication lines.</li> <li>• Assessing risks for your project.</li> <li>• Monitoring and controlling progress.</li> <li>• Working with your own practical cases.</li> </ul>	English, Dutch, German	2	€4.915 <del>€6.143</del>
<p><b>Personal Leadership &amp; Effectiveness</b></p> <p>Aligning values, talents, and ambition with personal leadership style, enabling employees to inspire and connect with colleagues through communication and coaching techniques.</p> <ul style="list-style-type: none"> <li>• Understanding the difference between managing and leading.</li> <li>• Learning the fundamentals of effective people management.</li> <li>• Gaining the skills to serve as a coaching leader.</li> <li>• Learning to motivate your employees on a group and individual basis.</li> <li>• Adapting your leadership skills to specific people and situations.</li> <li>• Aligning employees' values, talents and visions with those of the organization.</li> </ul>	English, Dutch, German	2	€4.915 <del>€6.143</del>

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<p><b>Diversity, Equity &amp; Inclusion (DEI)</b> Promote inclusive practices and build an equitable workplace.</p> <ul style="list-style-type: none"> <li>• Understanding the foundations of Diversity, Equity, and Inclusion (DEI)</li> <li>• Unconscious bias recognition and mitigation</li> <li>• Inclusive communication techniques</li> <li>• Promoting equity in decision-making and leadership</li> <li>• Handling microaggressions and fostering allyship</li> </ul>	English, Dutch, German	2	€4.915 <del>€6.143</del>
<p><b>Stakeholder Management</b> The essentials of identifying stakeholders by influence and interest, enhancing your ability to build and maintain valuable relationships in a changing world.</p> <ul style="list-style-type: none"> <li>• Aligning your personal values, talents and goals with stakeholder engagement.</li> <li>• Understanding the dynamics of trust-based, mutually beneficial relationships.</li> <li>• Becoming aware of unconscious prejudices that affect stakeholder relationships.</li> <li>• Learning to deal with resistance.</li> <li>• Learning to deal with difficult stakeholders.</li> <li>• Developing an action plan to continually improve your stakeholder engagement.</li> </ul>	English, Dutch, German	2	€4.915 <del>€6.143</del>
<p><b>Practical Coaching Skills</b> Coaching skills enrich your management skills and enable you to bring out the best in others. This course helps you by gaining insights into coaching attitudes and different coaching models and approaches. Leading to sustainable change and a greater contribution to improved business results. The ABCD model for dealing with emotion and aggression</p> <ul style="list-style-type: none"> <li>• Developing listening skills and learning to ask the right questions as a leader.</li> <li>• Quickly identifying different points of view and underlying issues within your team.</li> <li>• Coaching methods that focus on the ambitions and talents of your team members.</li> <li>• Learning the right and wrong ways to give and receive feedback.</li> <li>• Coaching your team in times of change.</li> </ul>	English, Dutch, German	2	€4.915 <del>€6.143</del>

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## Pricing

### 1-day program

€3.450 / €2.730

### 2-day program

€6.143 / €4.915

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### Every training includes:

- ✓ Client intake and consultancy
- ✓ Participant & stakeholder - kick off
- ✓ Preparation time trainer
- ✓ Delivery training
- ✓ Post program evaluation

### Optional:

- ✓ Engaging with an actor

